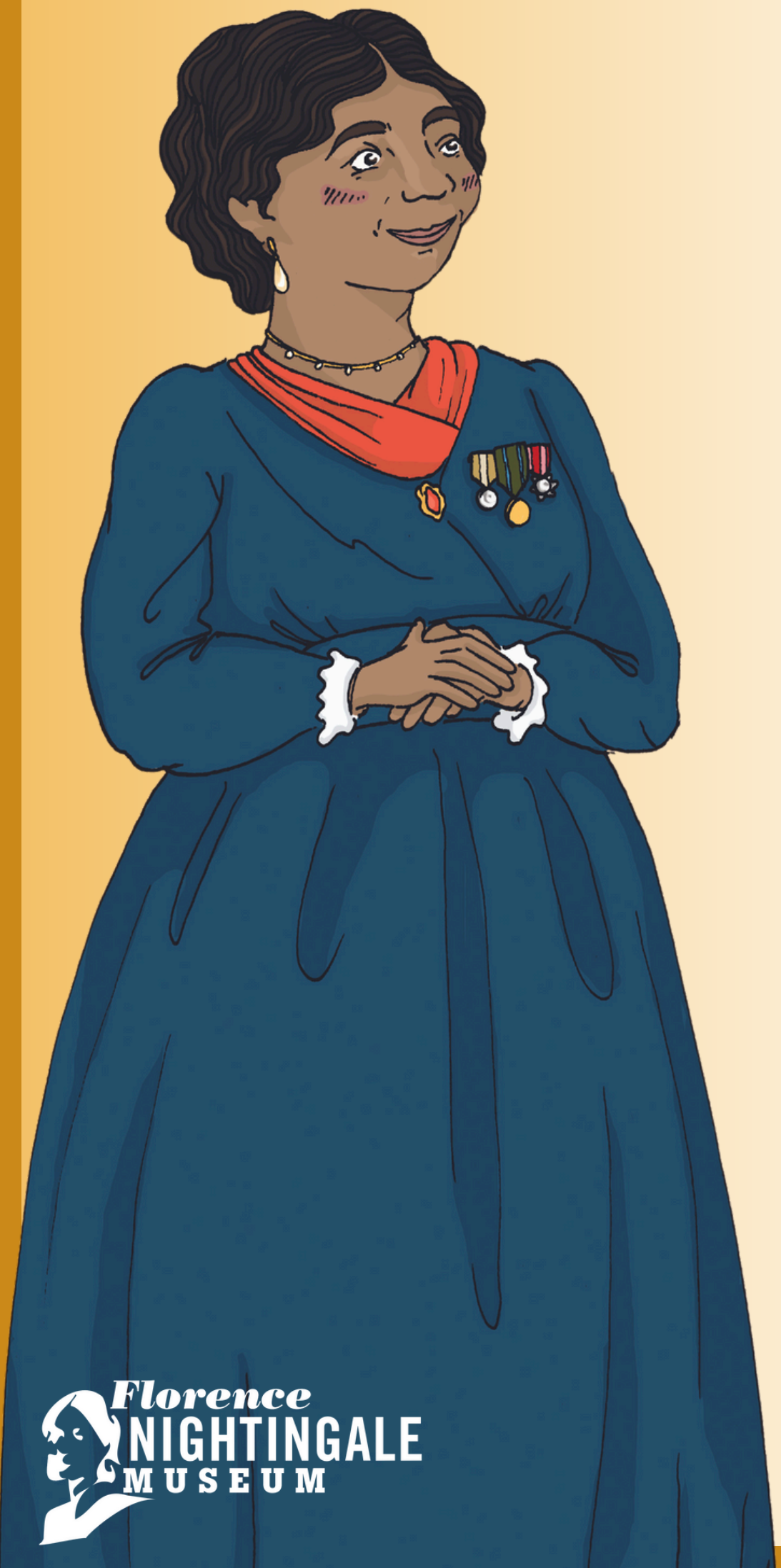


Mary Seacole



Who was Mary Seacole?

Choose from the words in the end box to fill in the blank spaces



Mary Seacole was born in the year _ _ _ _ in Kingston, Jamaica. Her father was from Scotland and her mother was from Jamaica.



Mary's mother was a Doctress, this is similar to a nurse but she would make her own medicines as well as taking care of patients. Mary was very helpful and learnt from her mother how to make medicines using



_ _ _ _ _ and _ _ _ _ _.

When she was older Mary travelled the world. People were not always kind to her- some people treated her differently because of the colour of her skin, but Mary was very _ _ _ _ _ and knew how important she was so did not let unkind words stop her.



When she heard about the Crimean War she wanted to help. She asked the British Government if she could be sent to join nurse Florence _ _ _ _ _ but she kept being told **no**. That still did not stop Mary.

Mary opened her own boarding house in
Crimea- she called it The British _ _ _ _ _.

She had a shop and cafe but would also
help every soldier that needed her. The
soldiers loved Mary and started to call her
Mother Seacole.



After the war, Mary had spent all of her money. She
moved to England and the soldiers she had helped started
to help her. Mary wrote a _ _ _ _ _ about her life.



Mary Seacole died in 1881 and many
people forgot about her, but now we
celebrate her again. She has a
_ _ _ _ _ at St Thomas' Hospital and
in 2006 was awarded the title of Greatest
Black Briton.

Missing Words:

Nightingale

1805

Hotel

Book

Brave

Herbs

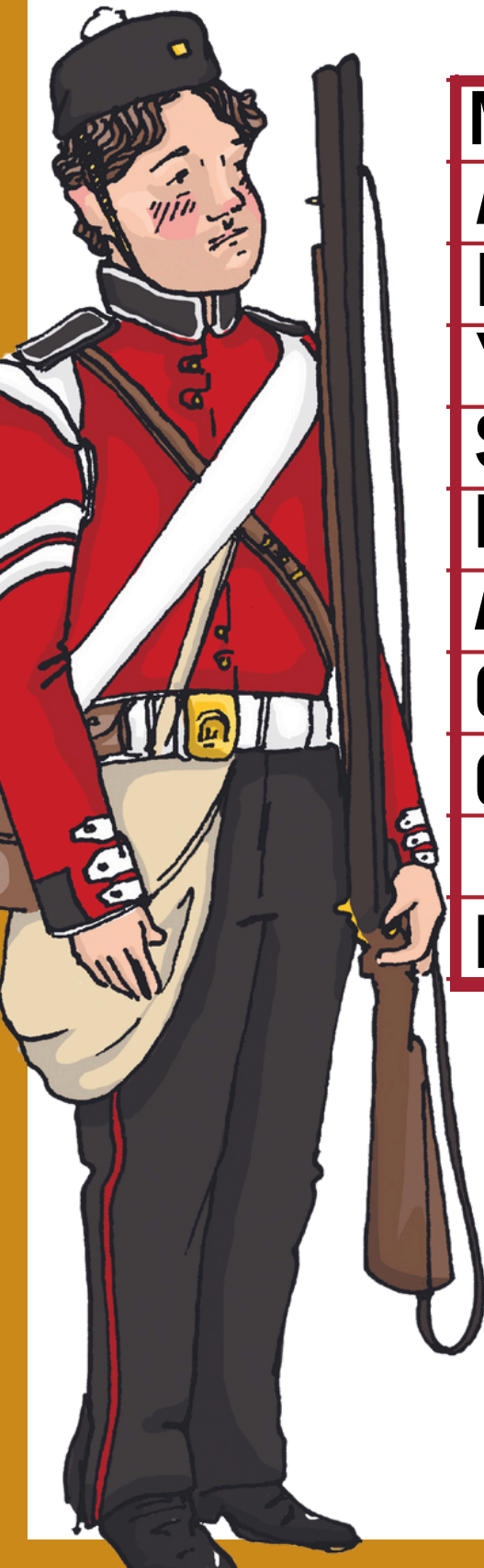
Spices

Statue

The Crimean War

The Crimean War began in 1853. Mary Seacole travelled to Crimea in 1855 and opened The British Hotel.

Can you find some of the soldier's favourite things from The British Hotel in the word search?



- Mary Seacole
- Cake
- Lemonade
- Donkey
- Soldier
- Pestle
- Mortar
- Bed
- Herbs
- Spices

Mix A Medicine

This is a pestle and Mortar.

Mary Seacole would have used one like this to mix her medicines.



Pretend you are looking after an unwell soldier- answer the questions below to work out which common Crimean War illness they have, and which herbs and spices Mary Seacole would suggest mixing together to make them feel better.

Start Here

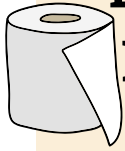


Is the Soldier being sick?

YES

Lots of sick.

Does the soldier have diarrhoea too?



YES

Sickness and diarrhoea- during the Crimean War this could be **CHOLERA!** Ginger will help settle their tummy and also Mustard plasters help.



NO

Sick but no diarrhoea.

Does your soldier have an itchy rash?



YES

Sick and a rash. This could be **TYPHUS!** Lemongrass will help cool the fever and Ginger will settle their tummy.



NO

No sickness.

Your soldier does not need any medicine today. Make sure to clean any injuries with cinnamon though- it gets rid of germs.



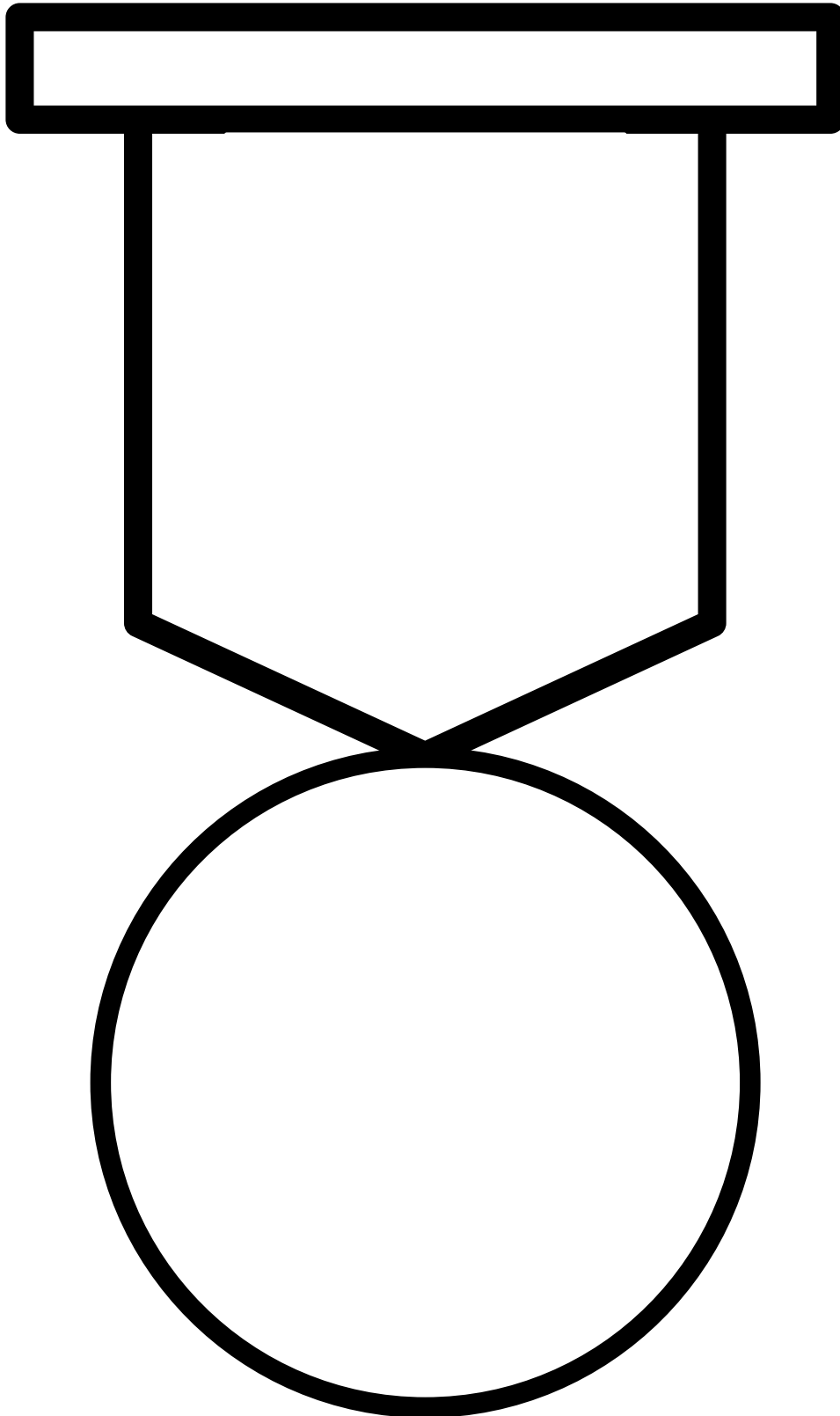
NO

Sick but no rash. This could be **YELLOW FEVER!** Lemongrass will cool the fever but Sage always makes it better.



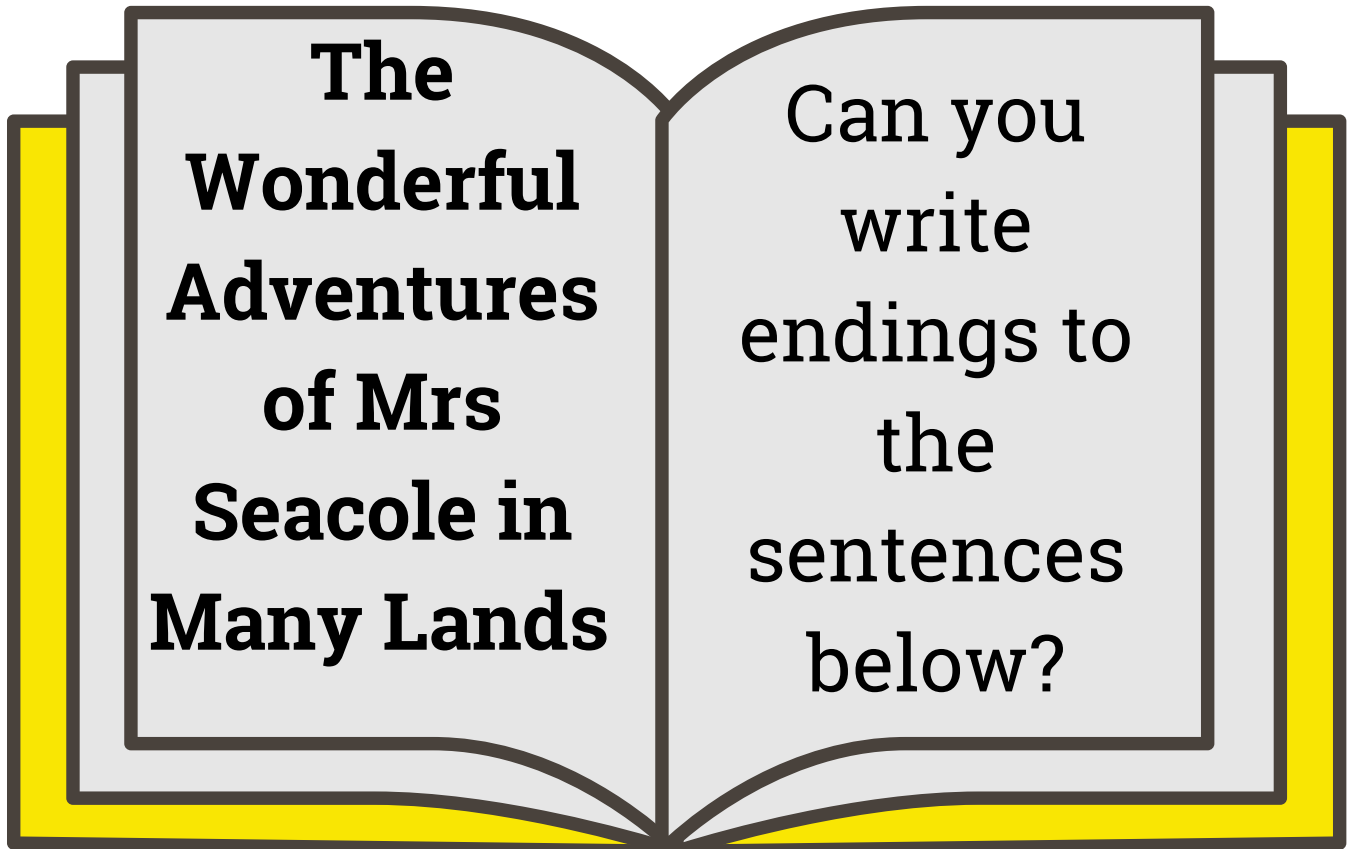
Mary's Medals

When the war ended Mary Seacole had some medals.
No one knows where she got them, but many people
think a soldier gave them to her.
Design Mary a special medal just for her.



Mary's Book

Mary wrote a book about her adventures



I looked after the soldiers by.....

During the Crimean War I felt...

Why is Mary Important?

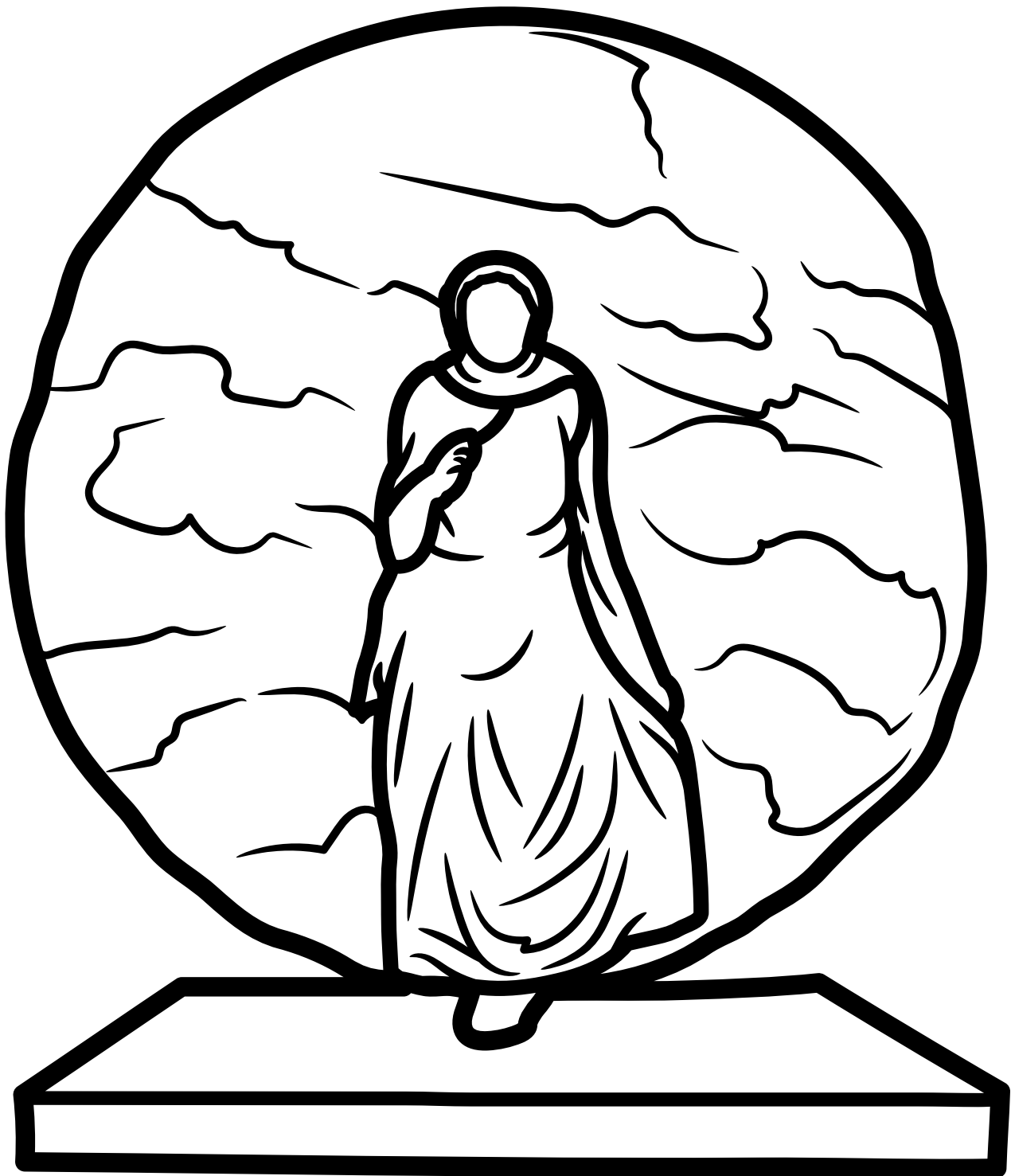
Mary Seacole is a role model.

She taught us that:

It is important to be brave.

We are wonderful whatever we look like.

Kindness is the most important thing.



Decorate Mary's statue with some words to describe her.

